

Using Too Much Energy? Here's How to Help!

By Annie Wu

Energy is used for many things. We use energy when we need electricity, heat, water, etc. For example, when we turn on the lights at home, we are using electricity. This electricity is wired from a power plant. And in a power plant, fossil fuels like coal are often used to create the electricity. And those fossil fuels cause global warming! Now you see how it's all connected? Here are some ways for you to start using less energy:

- Don't turn on the lights in the daytime! Use the natural sunlight!
- Air dry your wet laundry outside!
- Take shorter showers!
- Unplug rarely used appliances!
- Turn off the TV, lights, computer, etc. when you are no longer using it!
- Persuade your parents to buy energy efficient products!(Energy efficient products do the same job but use a lot less energy!)
- Wear more clothes at home so you don't have to turn the heat up as high!
- Pull down the shades to keep your house cool!
- RECYCLE your paper, plastic, and cans! Energy monitors – good luck saving energy!

